

# Peer Mentor Training Workshop

## Feedback/Evaluation Form

1. What was your understanding of 'Mentoring' prior to this programme?

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2. How has this training workshop changed your perception of 'Peer Mentoring'?

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3. Do you think Peer Mentor training will help you with your mentoring sessions?

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Q4 &5 refer to the below information

Unit 1: What is mentoring?

Unit 2: Differences, values and attitudes

Unit 3: Communication skills

Unit 4: How do we help?

Unit 5: Ground Rules

Unit 6: The agenda for mentoring

4. Which unit of the training you think was the most informative and why?

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5. Which do you think was the least informative unit of the training and why?

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6. Any suggestion for improving the 'Peer Mentor Training Workshop'?

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